



September 2021

Hearthstone Rituals

*Hearthstone doesn't expect everyone to enter in
Perfect Love and Perfect Trust,
as you may not know many of the other attendees,
but to enter with a Willing Heart and an Open Mind,
and leave your differences at the door.*

Some traditions are more controversial than others, or may contain a component that confuses or disturbs someone attending an Open Full Moon ritual. It is one of the risks of exploring different traditions. Should anyone be uncomfortable with a ritual presented by Hearthstone, please discuss it with the Ritual Leaders or one of the Board members (Arynne, Vella Rose, Amy, and Catherine) so that we may hopefully resolve and heal your concern.

*Hearthstone is a safe and sober environment.
Please respect your fellow participants by not attending ritual under the influence
of drugs or alcohol.*



OPEN FULL MOONS

Join us for In-Person ritual!

Meeting Place: Althea Center 1400 Williams St. Denver CO, 80218

Hearthstone Procedures for In-Person Ritual Updated September 2021

We are excited to return to in-person ritual, but since the Covid Pandemic is still here, and with the delta variant on the rise, we are taking extra precautions, and following the guidelines of the Althea Center, City of Denver, and State of Colorado.

- 1) Due to the rise of the delta variant in our community, we request that if you are not fully vaccinated, or do not feel well, that you stay home and not attend Hearthstone's ritual. Thank you.
- 2) Masks are currently required for everyone indoors at the Althea Center.
- 3) Hand sanitizer will be offered to all who enter our meeting room (the Historic Library at the Althea Center), and bottles of sanitizer and wipes will be available in the room if you wish to "re cleanse". The bathrooms are also available for washing hands with soap and water.
- 4) We request that all participants give adequate space between themselves and others, and refrain for now from handshakes and hugs. We suggest a slight bow, elbow touch, or some other suitable way to interact with friends and community members.
- 5) For cakes and wine, to reduce physical interaction, we request that you bring your own water for the "wine" in a resealable bottle and either forgo "cakes" or bring a small, mess-free snack.
- 6) To accommodate Colorado State Health Department requests, we will ask that you sign in – either with your legal name or community/magical name, and provide contact information – a phone number or email. In case someone who attends this ritual is unknowingly infected with Covid, the Department of Health wants to know who else has been exposed. We will not share this information unless we learn there is a positive Covid case, and then will only disclose the information to the Colorado Department of Health.

These "rules" are in place for the time being. Hopefully we will be able to remove some or all of them in the near future and gather as we did pre-pandemic, but for the time being, we wish to keep all of us safe.

Best regards,
Hearthstone Community Church Board of Directors

September 17th Ritual



Dear Hearthstone Community,

Please join us for an Open Full Moon ritual on Friday, September 17, 2021 at 7pm at the Althea Center on 14th and Williams in Denver.

Sarajane and the Wyrd Sisters will be leading this ritual. Our focus will be on balance of the mind, body and heart. We will provide you with some simple and effective tools to aid you in your spiritual journey.

This Hearthstone ritual will be focused on balancing the solar energies of Mabon and the energetic influences of the waxing moon in Pisces. All experience levels and ages are welcome!

We are very excited as this will be part 1 of a 2 part journey, as the Wyrd Sisters will also be hosting the New Moon ritual at Earth Temple on October 8th at 7pm at Full Moon Books on 6th and Garrison in Lakewood.

If you are able attend one or both of these rituals, you will be sure to have your cup filled and tools to deepen your spiritual path. Blessed Be!

Tip of the Hat for our August 20th Ritual



Hearthstone Tips our Hat and Thanks(!) Hawk Shadow for leading our August Open Full Moon ritual in honor and celebration of Hearthstone's 30th Anniversary!

Hawk Shadow cleansed, cast, and called the Elements. She invoked the Lady and Lord and graciously thanked them for attending to and blessing Hearthstone over these many years. She recounted the history of Open Full Moons in our community, and described the origins of Hearthstone Community Church. Hawk Shadow recalled the first ritual she attended at an OFM, a Discordian ritual when the Lady and Lord invoked were Barbie and Bullwinkle. She led her first ritual for Hearthstone in 1994, and has led many over the years. She shared about some of the favorite rituals she attended at OFM's, then invited participants to share about rituals we participated in that were memorable, and what we've gained.

Hawk Shadow expressed gratitude to Hearthstone and to the Lady and Lord for the many blessings of the years behind us: diversity, acceptance, transformation, inspiration, and community. She asked the Lady and Lord to bless Hearthstone for the years ahead, in service to the Divine. In closing, she recited the Charge of the Goddess, which is always beautiful and impactful.

Thank you, Hawk Shadow, for leading us in thoughtful and meaningful celebration of Hearthstone's first 30 years! Blessings to you, and to All who have shared sacred space within the Hearthstone Community during these three decades! Onward! Blessed Be!

----- Arynne

Articles from our community members!



GUEST COLUMNS?

If you have something to say, and are willing to let Arynne edit it slightly, please feel free to submit your writing to ArynneD@aol.com Content will not be edited. We can usually make room for more voices. We appreciate our contributors!



Author's Note: Hello and Welcome, my name's Brandon and I am the writer behind the now ongoing short series, "Lessons Of A Young Black Mystic"

I've been on hiatus for years (and I've only really ever written two or three articles thus far) but with covid-19, the delta variant, and the year of online only. I've decided to come off hiatus and come back to the Hearthstone Newsletter doing something I love: writing and sharing my Spiritual voice.

In the months to come I'm tweaking "Lessons of A Young Black Mystic" to be a free-form space where I channel messages that I take to heart on my journey through daily life as an Eclectic Pagan Mystic.

Sometimes I'll sound like an essay. Sometimes I'll offer short haikus, Bardic Odes, and free verse poetry.

In the end, the goal is to share my experiences as a young Black American Male living a spiritual lifestyle as a pioneer of my own path.

If I can inspire just one Soul to feel like they belong in this crazy Universe and recognize the marginalized spaces of experience-based faiths like Mystic Paganism suits them, then I am deeply satisfied.

For this month's newsletter I've selected a poetic piece that originally manifested for me in June.

Personally June 2021 was a time of awakening. Over the course of the month I'd been ritually blessed and cleansed by an old friend and mentor visiting from out of town. My Blessing and Cleansing was the beginning of a rebirth. In time there would come new shadow work, increased work with the folk craft of Hoodoo & Conjure. My relationship with honesty and vulnerability would become deeper and more sincere. Just to mention a few highlights.

So without further delay here's a poem dedicated to having an attentiveness for life and appreciating the moment.

[Lessons Of A Young Black Mystic]

"Till My Time Has Come" By: BroomHill Bran

No one knows when they're going to peak.

When they've flown above the summer clouds, just breaking the surface, to meet a crimson sunset; dancing off the whitest mists to ever grace their sight.

A world of solace impregnated with colors that carry the greatest impressions of feeling's most vivid tones. The bright glowing filament that heats the joys of imagination.

Flapping their wings a few more enthusiastic pumps, before getting lost in the sensation that lives on the edge of freefall.

Inhaling the scent of moist air clinging to the body, giving it a subtle chill of dampness after a tiring ascent.

The sudden silence of the skies in a long held pause where every heart beat rhythmically pounds in the ears.

Taking in the majesty around them. The landscape of the life lived thus far, in its entirety.

A Phoenix at the height of their beautiful brilliance.

It's the great Truth of any moment. The blissful ignorance of how we willfully set aside the fleeting nature of the here and now. Every second before or after can be grasped with disturbing cleverness but a moment is beyond our control.

Our peak, is but a moment.

We never know when it's arrived until it's gone, because if we ever claimed to see it coming that would imply we know anything about the end. That we have the faintest clue how our story ends in an infinite sea of possibilities.

Yet, we peak nonetheless.

Not knowing, we can only glide downward from here. Aging, as we surround ourselves in familiarity.

Dust coating the furthest reaches of nostalgia, like a deep northern Winter never

touched by the light of consciousness. Some places and things decayed to the point of misremembered memories, too fragile or far to dust off.

Friends change, like the timely turn of fall leaves. Graduating different parts of their lives. Some becoming parents, others moving on. No one as close to you as they were in the beginning.

We nest at home and snuggle into the reality of well worn routines that guide us through the march of time.

A fresh aroma of the future scenting our dreams like a candle blown out at bedtime, on a warm spring night. That subtle unpredictable but recognizable stench of extinguished burnt wick.

Slowly, you begin to rest longer. Short sharp pains turn into lingering agony in the body and mind.

The sobering somberness is just another milestone.

That's when you realize. You've been here before. Maybe things were a little rougher this time around. You have more scars and weight on your shoulders than before, but yes. We've been here before.

This is the truth of the horizon. That while it may be infinite, the ceiling of our lives is only what we make it. There is no limit to how many times our lives peak. No limit to the heights of our experience, only a counted number of thresholds we dare pass.

So long as we're like the Phoenix, we can be reborn. Turn the trauma and nostalgia of our former selves into ash that kindles the next flame.

So even if you realize your life has peaked, and everything around you seems to be a sunset on familiar things.

Dare.

Dare to change.

Dare to rise again, and pioneer new frontiers.

Take the ashes of your oldest life and with sticks and stone that could not break your bones rekindle that which remains.

Dare to challenge yourself to rebirth! ...

For the body fades and the mind wanders, as Spirit watches on; a stubborn and helpless witness.

Yet the Soul only dies when we decide to stop trying.

Make your life a cycle of countless seasons.

Magickal Dream Pillows By Cynthia Killingbeck CH, CN, FEP



In our dreams we process the day, week, month, year, memories from childhood and even past lives. Dreams can be filled with symbols, animals, plants, items, imagery, and colors. They may mean exactly what is happening or they can be purely symbolic. They can be fragmented and seem to make no sense, or they can be as real as stories or as vivid as being there. In dreams we visit other lands, other planes and dimensions. Dreams can tell us the future, revisit the past or try to untangle the present. Dreams are a place where we can touch on or visit with our higher self, the astral planes, and the divine.

Dreams can be difficult to interpret; there are whole books and websites dedicated to the interpretation of symbols. Dreams used to be under the jurisdiction of the Shamans or spiritual leaders, who would interpret and guide the querent. Today psychics and witches from many traditions or societies work in this field of study. It is a universal theme, as we all dream, even animals dream. (Maybe plants dream too.) Sometimes dream magick is combined with tarot and oracle cards. Some systems of tarot are meant to be worked with through meditation and dreaming (like the Arthurian or Hallowquest Tarot by Caitlin Matthews). There are many ways magick can be used to help us guide or interpret our dreams. Journaling our dreams right when we wake up is one way to make sure we remember them the most vividly. Taking teas, tinctures, or flower essences right before bed can influence our dreaming selves. Many herbs can be used to help us sleep, not only to bring about peaceful sleep, but also to create vivid lucid dreaming, or certain types of exploration in dreams. Skullcap is excellent at helping one sleep, but you might be processing more of your emotional day at night. Cannabis is also great at helping you to fall asleep, but you may cease to dream.

Magickal dream pillows combine the process of aromatherapy, your magickal intent, and the unique herbal energies within all plants into one little pouch that is placed under your pillow while you sleep. There are many reasons to use a dream pillow, from providing us with pleasant dreams and dispelling nightmares, to healing emotional pain and improving psychic powers. Dream pillows can be used just like hypnotic suggestions, setting the magickal intentions and herbal influences within the waking and dreaming mind.

The practice of placing herbs under one's pillow dates back centuries and was originally used to protect against evil, like amulets, to bring good dreams, banish nightmares, foresee the future, or even conjure a lover into one's life. Dream pillows fall into a similar category of charm or spell bags, amulets, and talismans. All can be worn or placed under the pillow while sleeping.



You can combine herbs based on their meanings and unique energetic uses or you can use simples, meaning a single herb. To create your herbal mixture, use the list below or craft your own mixture using your intuition and olfactory senses with fragrant herbs that you find pleasant, calming, or relaxing. You can take notes if you feel you will want to craft the same spell later or you can do your spell work spontaneously each time.

The key is to fill your pillows with aromas that relax your emotional body and

stimulate the senses, but don't overdo it. Stay away from spicy herbs like peppers or bad smelling herbs like Valerian. Valerian is great for some individuals to help them sleep but could be a poor choice for a Dream Pillow due to the smell. Use floral or aromatic herbs that are more calming, and less likely to bother the senses throughout your sleep. Choose a combination of pleasant smells with magical meanings that match your intentions. You can also incorporate some of your favorite essential oils, in small doses, to your herbal blend before putting the herbs into your pillows.



You can also add gemstones into your pillow based on their particular energies. Options include black tourmaline for protection, rose quartz for self-love, prehnite for inner peace, and moonstone for generating dreams and alleviating sleeplessness.

Choosing your cloth:

You can add layers of energy through utilizing color magic, elemental energies, or choosing a pattern that you find perfect to match your intent. You can even draw, paint, or embroider symbols on the cloth. There is a color correspondence list below.

How to Make Herbal Pillows

1. Cut either a 4x4 square of cloth or an 8x4 section, this way you don't have to

stich all the way around but can just do three sides and fold one over. Turn the cloth inside out. Begin to stich around all sides except one. With every stich you will imbue the pillow with your intentions. Focus. You may chant or speak your intentions like a mantra or just focus your energy as you sew. If you do not feel like sewing, feel free to use a muslin bag, you can even decorate it before filling it with a sigil or symbol to aide your magick along.

2. Another way to make a pillow is to cut a good-sized circle of cloth and place the herbal mixture in the center pulling in all the sides to make a pouch and tying it closed with a ribbon or string.

3. Sewing just adds a layer of magickal intention but you can always choose to do it however you like and feel comfortable with. The important thing is feeling confidant in the process which will aid your magick much better than feeling stressed or reluctant.

4. Mix together your selected herbs in a bowl. If you chose to use essential oils, add one drop at a time and mix well with a spoon or fork, adding the oil drop-by-drop as needed. You don't need very much! Essential oils are precious due to the enormous amount of vegetation needed for just a few drops.

5. When you have stitched all sides closed except the last turn your pillow right side out and using a spoon, scoop your herbal blend into it. (Or the muslin bag and draw closed).

6. Sew the last side closed, continuing your intentional focus.

7. Place underneath, inside, or beside your pillow before bedtime, and rest easy.

Color Correspondences:

White: Wisdom, Intellect, Purification, Protection, Spirituality

Green: Money, Healing, Prosperity, Fertility, Restful, Calming, Love

Brown: Protection, Home, Stability, Earth

Pink: New Beginnings, Friendship, Self-Love

Red: Life, Passion, Strength, Courage, Power

Yellow: Wisdom, Meditation, Connection to Higher-Self, Visions

Purple: Spirituality, Healing, Power, Psychic Power

Blue: Calming, Healing, Peace, Psychic Sensitivity, Inspiration, Creativity

Orange: Vitality, Will-power, Success

Herbs that work well in Dream Pillows:

Chamomile: Sleep, Money, Love, Purification
Comfrey: Safe Travel, Money, Healing
Mugwort: Strength, Protection, Psychic Powers, Prophetic Dreams, Healing, Pain relief, Astral Projection.
Hops: Sleep, Healing
Lavender: Peace, Love, Protection, Purification, Relaxation
Nettle: Protection, Healing, Barrier Against Negativity
Rosemary: Protection, Sleep, Healing, Remembering
Roses: Love, Psychic Powers, Healing, Luck, Protection
Sage: Wisdom, Protection, Healing, Wishes
St. John's Wort: Healing, Protection, Strength, Antidepressant, Happiness
Thyme: Sleep, Healing, Psychic Powers, Purification, Promotes restful sleep, Alleviates nightmares
Yarrow: Courage, Love, Psychic Powers, Healing, Strength

Book Suggestions:

These have herbal and color correspondences, and other herbal uses and ideas:
Encyclopedia of Magical Herbs by Scott Cunningham
Natural Magic by Doreen Valiente
Magical Herbalism by Scott Cunningham

The Althea Center for Engaged Spirituality



Hearthstone meets the Friday before or the Friday of the Full Moon in the Historic Library at the Althea Center for Engaged Spirituality, 1400 Williams St., Denver, CO. There are two small parking lots: to the north (next to the building) and to the east of the building (across the alley), each with spaces for 20 cars. Enter through the Main Door at the corner of Williams St. and 14th Ave. The door opens at 7:00 pm, and we lock the door at 7:30 to secure the building. Please be prompt as we don't want you to be locked out!

We are happy to return our Open Full Moon rituals to Althea's lovely building!

MASK NOTICE from Althea Center:

"Based on recommendations from the Centers for Disease Control (CDC), the Althea Center will require masks to be worn at all times while indoors.

While each Althean may have opinions about the current state of the pandemic, let us do our very best to keep our thoughts, feelings, and prayers focused positively and with love and compassion for each other, the ill and their families, and those working tirelessly day after day to care for people who are sick.

The Board made these decisions with the safety of everyone's Health utmost in our minds, and we will continue to modify our policies based on regional and national recommendations.

With Sincere Gratitude and Love, The Althea Board"

Hearthstone Community Church Website Link:
<http://hearthstone.fnorky.com/home/>



Earth Temple

Earth Temple is back to open rituals in person at Full Moon Books. For the time being, we'll also be streaming those rituals via Zoom, to help in the transition back to face-to-face. For all the most current information about Earth Temple and our New/Dark/Waning moon rituals, visit our Meetup Group: www.meetup.com/EarthTemple or our Facebook page <https://www.facebook.com/EarthTempleColorado>.

Upcoming Earth Temple 2021 dates:

October 8

November 5

December 3

[Earth Temple Facebook Page](#)



Come join us for Conversations in Witchcraft, a lightly facilitated discussion group. We talk about a variety of topics related to Wicca, witchcraft, and Western magickal traditions. Are you curious about the what-why-how of our practices? Let's discuss the many ways we connect with our deities, work magick, pursue spiritual development, and how we interact within and beyond our own spiritual community.

We welcome practitioners at all points on the path. Are you newly curious? Join us! Are you an advanced practitioner? Come on over!

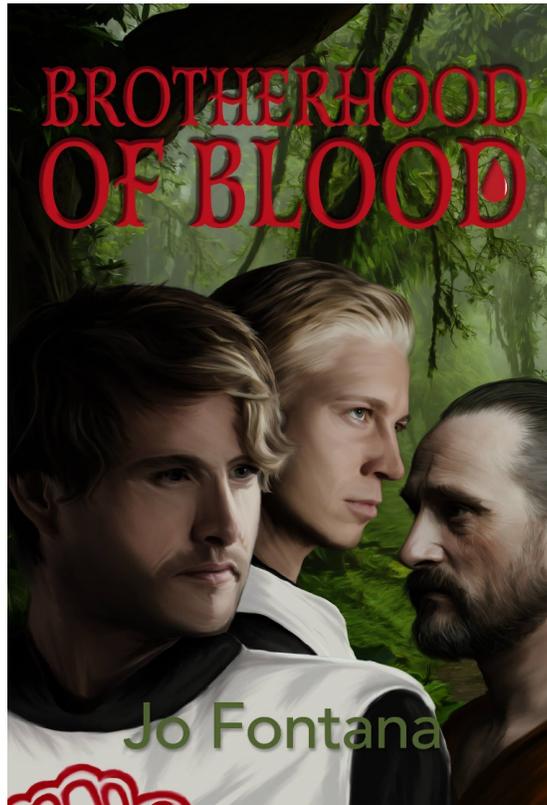
Monthly topics are listed on our MEETUP GROUP; please join us on MEETUP. There is no charge to attend. We appreciate cash donations to help defray costs.

Second Saturday of every month, 3.30 pm – 5.30 pm on Zoom
Conversations in Witchcraft is facilitated by Priestesses from the Women's Spiritual Leadership Alliance (WSLA).

Check out Vendors and Artists in our Community!

Brotherhood of Blood

A new book by Jo Fontana



Imagine a world where a blood sacrifice is required for the simplest cure. The mysterious Brotherhood has this power. Jericho Brightbrook came to the temple as a child after losing his parents and is the most promising acolyte the Brotherhood has ever encountered. So great is his power, the temple leader makes exceptions for him even when Jericho's actions don't align with the temple ideals.

Tired of the waste of human life, Jericho begins to experiment with alternative forms of healing. Disillusioned by the temple and the failure of his efforts, Jericho looks to break away. Once his deeds catch up with him, he is forced to flee into the land north of the mountains to evade his former master.

For more information visit www.jofontana.com



Low-Cost Pet Cat Spay/Neuter & Vaccines
Free Spay/Neuter & Vaccines for Feral Cats
[Spay/Neuter | Denver, CO | Dumb Friends League \(ddf.org\)](http://ddf.org)

The Dumb Friends League offers affordable spay/neuter services to all owned pet cats and feral/community cats. The details, locations, and qualifications are at their web site above. They are able to offer these services thanks to the generosity of donors. They recommend that tame, friendly cats without owners be taken to an animal shelter for adoption.

At this time DDFL is not able to provide spay/neuter services to dogs, for-profit breeders, or rescue groups.

It takes ALL of us to reduce the overpopulation problem and move toward a world where all pets are loved and cared for. Thank you!



Priestess Support, Services, and Potential Presenters
For Pagan or Wiccan clergy or for any other Hearthstone business, email us at
hearthstonecommunitychurch@gmail.com

If you would like to lead a future Open Full Moon, please contact Arynne at ArynneD@aol.com At this point
we have ritual leaders scheduled for all of 2021!

Thank you for volunteering your talents!



***Donations ---
in person or through Zelle!***

Thank you for supporting the work and service of
Hearthstone Community Church.

We meet our expenses through the generosity of our
participants and supporters. We accept donations at our
in-person rituals, or if you prefer, you may contribute
through **Zelle** instead. Zelle is a direct funds transfer
method offered by most banks. It is super easy to use
online and no fees are charged or withheld. Hearthstone
is registered in Zelle by our **email
address: HearthstoneCommunityChurch@gmail.com**
We suggest a donation of \$5-10. If you can't afford it, you
are still welcome to participate. If you can afford more,
we'll be delighted to accept it.

Hearthstone's primary expense is the rent for the room at
the Althea Center. We appreciate any and all support from
our community to help meet our obligations. Thank you!

Hearthstone Community Church Website Link



Open Full Moon Dates 2021

Althea Center 1400 Williams St. Denver CO, 80218

September 17

October 15

November 19

December 17

Blessings from all of us at Hearthstone!

**Subscribe to receive our
Newsletter**



Copyright © Hearthstone Community Church 2021, All rights reserved.

Please note that information and opinions contained in the articles in this newsletter are the responsibility of the authors only.

No endorsement by Hearthstone Community Church, Inc. is implied.

All writings are copyright to their respective authors. Please obtain permission before reprinting anything here, with the exception of the Open Full Moon Dates. Those may be copied and transmitted as needed.