



October 2021

Hearthstone Rituals

*Hearthstone doesn't expect everyone to enter in
Perfect Love and Perfect Trust,
as you may not know many of the other attendees,
but to enter with a Willing Heart and an Open Mind,
and leave your differences at the door.*

Some traditions are more controversial than others, or may contain a component that confuses or disturbs someone attending an Open Full Moon ritual. It is one of the risks of exploring different traditions. Should anyone be uncomfortable with a ritual presented by Hearthstone, please discuss it with the Ritual Leaders or one of the Board members (Arynne, Vella Rose, Amy, Catherine, and Ziva) so that we may hopefully resolve and heal your concern.

*Hearthstone is a safe and sober environment.
Please respect your fellow participants by not attending ritual under the influence
of drugs or alcohol.*



OPEN FULL MOONS

Join us for In-Person ritual!

Meeting Place: Althea Center 1400 Williams St. Denver CO, 80218

Hearthstone Procedures for In-Person Ritual Updated October 2021

We have returned to in-person ritual, but since the Covid Pandemic is still here, and with the more contagious delta variant, we are taking extra precautions, and following the guidelines of the Althea Center, City of Denver, and State of Colorado.

- 1) Due to the rise of the delta variant in our community, we request that if you are not fully vaccinated, or do not feel well, that you stay home and not attend Hearthstone's ritual. Thank you.
- 2) Masks are currently required for everyone indoors at the Althea Center.
- 3) Hand sanitizer will be offered to all who enter our meeting room, and bottles of sanitizer and wipes will be available in the room if you wish to "re cleanse". The bathrooms are also available for washing hands with soap and water.
- 4) We request that all participants give adequate space between themselves and others, and refrain for now from handshakes and hugs. We suggest a slight bow, elbow touch, or some other suitable way to interact with friends and community members.
- 5) For cakes and wine, to reduce physical interaction, we request that you bring your own water for the "wine" in a resealable bottle and either forgo "cakes" or bring a small, mess-free snack.

These "rules" are in place for the time being. Hopefully we will be able to remove some or all of them in the near future and gather as we did pre-pandemic, but for the time being, we wish to keep all of us safe.

Best regards,
Hearthstone Community Church Board of Directors

October 15th Ritual



Dear Hearthstone Community,

With Samhain fast approaching, it is good to cleanse and be fresh for the Dark Times of self-reflection ahead. Please join Mary Ann for Hearthstone's Oct. 15 Open Full Moon Ritual. We will be inviting Amphitrite and her husband Poseidon, Goddess and God of the Sea in ancient Greek mythology, to join us as our Deities. There will be Cleansing Magic! This ritual will be in person at the Althea Center, masks required.

New Board Member



The Hearthstone Board of Directors is delighted to welcome Ziva as our newest Board member! Ziva has participated with the Hearthstone Community since 2016, and joined the Hearthstone Discussion Group in 2017. She currently practices with Gaia Ritual Circle. To our Board, Ziva brings people skills, technology skills, and a willingness to help. Please join us in welcoming Ziva to Hearthstone's Board!

Thanks and a Tip of the Hat for our September Ritual



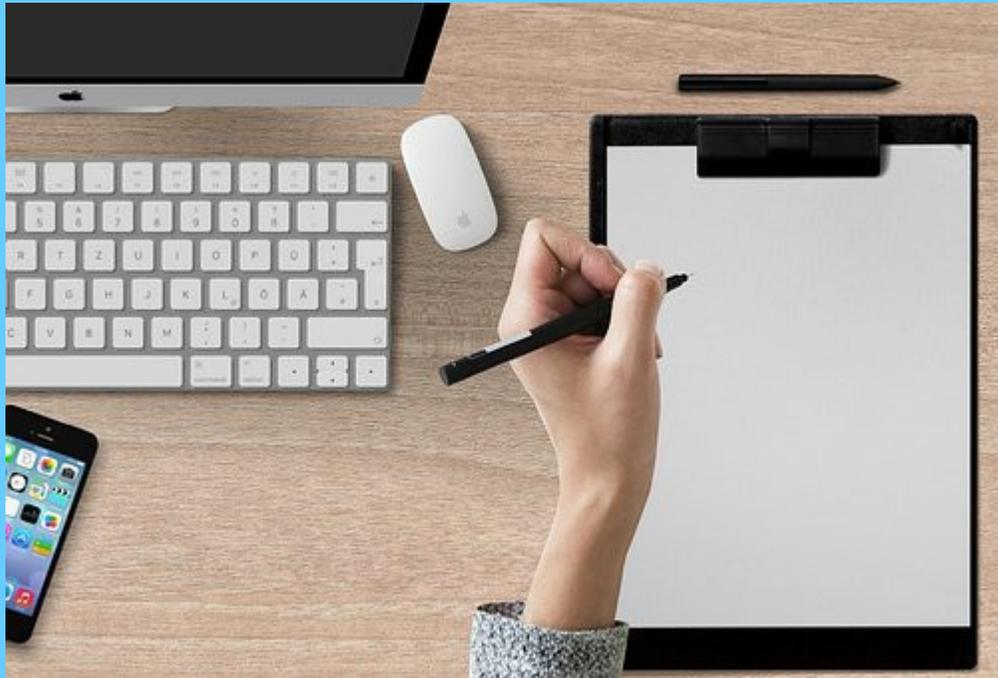
For leading our September OFM a few days before the full moon and Mabon, we Tip our Hat to the Wyrd Sisters (Sarajane, D, Pamela). They cleansed and consecrated all participants, cast, and called the Elements. They invoked the Mother Goddess and Father God of A Thousand Names. The priestesses spoke of the elusive “balance” we seek, especially at Mabon, and offered us several techniques to achieve it.

Pamela led us in a breathing exercise for calming. D spoke of breathing through our hearts, and helped us visualize painting our heart with whatever color we need for healing. Sarajane spoke about how our minds perceive the happenings in our world, and how we can choose to more joyfully embrace both the highs and lows, striving for healing and peace.

Thank you, Wyrd Sisters, for offering us tools to help us transition from the light half to the dark half of the year at this Autumn Equinox! Blessings to all!

----- Arynne

Articles from our community members!



GUEST COLUMNS?

If you have something to say, and are willing to let Arynne edit it slightly, please feel free to submit your writing to ArynneD@aol.com Content will not be edited. We can usually make room for more voices. We appreciate our contributors!

Lessons Of A Young Black Mystic



Author's Note: This month's submission was not my original choice for my next published narrative but a recent inspiration that I felt had a stronger seasonal sentiment fitting with the waning of the year and the coming of Samhain, the thinning of the veil.

This loosely lyrical poem comes from a meditation I had under an altered state of consciousness. The narrative comes from ecstatic experiences nearing upon the Ineffable awe, rarely but deeply experienced by those of us who are called Mystics.

In other words, my meditation allowed me to enter a trance like state where my conscious and subconscious mind were more open to each other and the more symbolic information we overlook in our everyday mundane experiences.

This month, I am sharing one of my spiritual experiences with the ideas of life, death, and the Soul.

"Dance of The Baron & Bride"
By BroomHill Bran

Death, is a heartache.
A mourning of life's fleeting flame.
More, than I can take.

(The sea of candles fading out.)

Then, as I awake.
inside this aging flesh of mine.
He, is calling me.

(I keep the world I see, in doubt.)

My light.
My flame.
My soul in strands.

(Till they're trapped inside.)

My mind.
My heart.
My loneliness....

(Can I still survive?)

Spirits of the night, dance bright by the moonlight.

Spirits of the night, snuff us out when it's our time.

You can't see them, but you can feel them.

Baron and his Bride part the veil, when it grows thin.

Running through my life, searching for my purpose.

Passion in my eyes, better take a deep breath in.

I can't see them, but I can feel them.

Baron and his Bride part the veil, when it grows thin.

Life, a flicking fire.
Never know when, it might go out.
Like, my deep desires.

(Stuff I can't control, or let go)

There's, a void inside.
A vacant canvas in my mind.

Sight, from my third eye.

(Here my Spirit is a Cheetah.)

My Love.

My Pain.

My suffering.

(There's nothing, in vain)

My fight.

My rite.

My life is mine.

(Chaos, creeping in.)

Spirits of the night, dance bright by the moonlight.

Spirits of the night, snuff us out when it's our time.

You can't see them, but you can feel them.

Baron and his Bride part the veil, when it grows thin.

I, will run through the emptiness.

Prove, I can handle this.

Fight, for my own short bliss.

I, will weep in the shadows depth.

Tears, dry cause death's a friend.

Calm, the Bride gives me strength.

One, takes the light away from us.

The other sets a blaze.

Their dance, sweeps the sea of candles.

For there's, no gain without some loss.

As I run, through the mother land.

No aim, or guide nor plan.

Spirit power, courses through me.

For a moment, I see...

Spirits of the night, dancing by the moonlight.

Spirits of the night, snuff us out when it's our time.

As the rhythm, flows right through their core.

(So does rhythm, flow through us all.)

He, is so certain.

Yet is a shadow of the Bride.

She, is my healing.

A black rooster's caw at the dawn.

Rest, and you can be.

Their child, with your Spirit free.

(Watch your demons flee.)

For the Baron, is kind in heart.

His people, unharmed.

As the Bride, does her sacred part.

Rest, inside her arms.

Baron and The Bride, dance through the moonlight.

Baron and The Bride, guide all our souls home.

Never will they let, you fear or worry.

Let life be a blast, death not a hurry.

Witchy Water Potions

By Cynthia Killingbeck CH, CN, FEP



Before I dive into water and our witchy potions, I want to explain water and its place in our world, spirituality, and our magick.

There are four main states of matter: solid, liquid, gas, and plasma. Matter is the "stuff" of the universe; the atoms, molecules, and ions that make up all physical substances including us.

‘Within the form is matter and above the form is spirit’. Lau Tzu

The four elements of nature, Earth, Air, Fire, and Water all correspond to the different forms of matter. In Wicca and Witchcraft, the elements are one of our direct connections to nature, the universe, us, and our place in it. The forms of matter they take give us tangible energies in which we can work our magick.



Water:

The liquid state of matter is an intermediate phase between solid and gas. Like the particles of a solid, particles in a liquid are subject to intermolecular attraction; however, liquid particles have more space between them, so they are not fixed in position. The attraction between the particles in a liquid keeps the volume of the liquid constant. The movement of the particles causes the liquid to be variable in shape. Liquids will flow and fill the lowest portion of a container, taking on the shape of the container but not changing in volume. The limited amount of space between particles means that liquids have only very limited compressibility. A liquid is the only state with a definite volume but no fixed shape. Water is a key element of life. Your molecules are made up of 99% water. By volume we are 70-80% water. Water is a necessity of life; without it we would die.

Every tradition has its differences but, in the tradition I was taught, The Element of Water corresponds to the direction of the West, and its season is Autumn which we are now in. Water characterizes our emotions, intuition, love, and compassion. It is cleansing and teaches us flow; the art of opening and receiving. In tarot the symbol is of the cup or chalice, and sometimes the heart. Its colors correspond to how we see water in nature: blue green, green, clear, and slate-grey. As with anything in nature it is neither good nor bad but has aspects of both, from flooding to a gentle stream. When we experience our darker emotions, Water teaches us how to sit with them, accept them, and let them flow on. Holding on to dark emotions can have the same effect as what happens to water in a stagnant pool, darker things will grow from holding on and become nasty and fetid. The flow of water brings a letting go and an opportunity for cleansing. Water shows us how to cleanse our bodies, our minds, and our spirits. We cleanse our sacred spaces with water and earth; many use salt (a mineral). Combining water and other elements imparts strength and imbues a diverse nature to the components.

Many experiments have been done to examine water and its healing properties. Many researchers have been experimenting and are convinced that water is capable of 'Memory' by storing information and retrieving it. Water all over the earth

is affected by its environment and what it encounters. Water from a river in Europe when preserved and dried and looked at through a microscope will have a different crystalline structure than water from a river in Colorado. In multiple experiments words were written on the jars of water and it changed the crystalline structure of the water. Anything that comes into contact with water influences change within it; the land it flows over, the air touching it, the stones, or minerals it comes into contact with, the sounds of words or music, and even flowers, like with Flower Essences. In the case of Flower Essences when a drop of a flower infused in spring water is dried and looked at under a microscope you can see a unique crystalline structure different for every type of flower but consistent for each type of flower. For instance, all Wild Roses have the same crystalline structure, every Dandelion has the same crystalline structure. Water takes molecules from its environment and creates something special within it. Every sacred place in the world that has water has uniquely structured water to that place. If you want to learn more watch: The Mystery of Water, it is interesting: <https://www.youtube.com/watch?v=59iueICL0MQ>

Water and minerals are essential building blocks for life on this planet, energy is the catalyst that brings it into being. To start working with Water we start with the source of our water.

Spring water is called living water because it is filled with minerals coming from deep within the earth; they are essential for our health and wellbeing, which may be why so many wells and springs throughout the world are considered to have healing properties. Water has an ancient history of creating liminal spaces, places of mystery and magic, be it a well, spring, fen, river, waterfall, lake, or ocean. Water was and is considered sacred by people the world over, used for healing, spiritual applications, and as holy places for offerings.

Magick begins within us and flows from our intentions. We are energetic and emotional beings. Supporting and enhancing our emotional bodies through water energetics aids us in our magickal intentions. Spring water is used to make and take Flower Essences which work to balance our many different emotional states through influencing and changing our inherent liquid states. Gem essences work the same way. As you can see, Waters' magickal and energetic applications are many. To increase your magickal powers through your intentions you can layer in mantras written on a glass of water or speak, breathing the words or mantra as you bring it to your mouth to drink it. Add herbs, gems, and fruits like berries and cucumber (yes technically a fruit). The most powerful magickal transformations come from layering magickal constituents and intentions.



Witchy Water Potions:

I am going to share some fun recipes for magick and healing that I like to use. Have some fun with these witchy potions, please feel free to experiment; we each have our own particular tastes. Notice many have more than one ingredient, you can use one thing and still be influencing your water with your intention. I also list multiple uses for many of the items so you can create your own potions as well.

These potions are infused waters not teas. They are cool and lightly flavored water you drink throughout the day. Using fresh fruit and herbs to make your potion, slice the fruit or leave it whole depending on size and what you desire; for the herbs just add a few leaves, or a sprig, a small cube for the fresh ginger, or a stick for the cinnamon. These items can stay in the water for an hour or all day. Do not leave them in overnight, be sure to strain and then keep the water refrigerated. Usually, the water will be good for a day or two after straining. I like to leave them in for an hour or two and then strain them off and eat the fruits and then enjoy the water for the day.

I include some options to add or enhance your herbal/fruit potion water. Here are their instructions:

Flower Essences (FE) Dosage: 2 drops from a stock bottle for every ounce of water.

Gem Essence (GE) using non-toxic stones, gems, or shells. Dosage: Be sure to wash any item going into your water! If infusing the stone directly in the water do so from 2-4 hours and no more than 8 hours. See below Gem Safety.

Success Potion: (Ginger, Strawberry, Basil)

Ginger small piece fresh: success, power, money.

Strawberry sliced: success, fortune, luck, friendship, happiness, love.

Basil a few leaves or small bunch: money, luck, abundance.

Options:

Coral GE: for courage

Jade GE: for luck

Larch FE: for self-confidence

Anti-Anxiety Potion: (Lime, Blueberry, Lemon Balm)

Lime: calmness, tranquility, peace, happiness.

Blueberry: calm, peace, protection, healing.

Lemon Balm: happiness, renewal, healing, spirituality, calmness.

Options:

Carnelian GE: dispels fear and boosts courage

Rock Rose FE: for those who suffer panic attacks

Mimulus FE: for known fears

Aspen FE: for unknown fears

Self-Love Potion: (Raspberry, Lemon, Mint)

Raspberry: protection, love and/or Cherry: love

Lemon: love, purification, longevity, friendship

Peppermint: love, healing, purification, sleep, psychic powers

Options:

Rose Quartz or Pink Calcite GE: for self-love

Note: Cherries definitely have a season so use raspberries in other times or both if you like. Many fruits have the Love correspondence, so it is easy to be creative here.

Protection Potion: (Blackberry, Lavender)

Autumn:

Blackberry: protection, healing

Lavender (sprig or flower): love, protection, purification, happiness, peace, sleep, calm. In the spring use Lilac for protection and warding off negativity.

Spring:

Lilac flowers: for protection and warding negative influences. I often make just lilac water when they come into bloom, it has a heavenly scent and is quite refreshing.

Apple slices: imbue love, longevity, healing, protection: the pentacle found inside when sliced sideways. (They may not be a spring fruit per se, but apples are a nice pairing with lilacs.)

Options:

Rosemary: mental clarity, protection, love, purification, lust, exorcism, healing, sleep, heart healing

Obsidian GE: for protection and repelling negative energies.

Mental Clarity Potion: (Celery, Grape, Spearmint)

Celery: for mental powers, and psychic powers

Grape: for mental powers, and psychic powers

Spearmint: healing and mental powers

Options:

Rosemary fresh leaves: for mental clarity and powers. Or use the FE: for those who are forgetful rosemary can provide mental vitality.

Cerato FE: can help those who have issues making decisions. Brings clarity within.

Aquamarine GE: for clear thought

Energy Promoter Potion: (Pear and Cinnamon)

Pear: confidence, energy, clarity, enthusiasm, passion.

Cinnamon: strength, lust, protection, energy.

Options:

Hornbeam FE: when you feel you just don't have any energy but really, you're deeply bored and are looking for inspiration.

Olive FE: truly physically depleted.

Clear Quartz GE: is an excellent energy enhancer.

Gem Safety

All gems have been checked out on the International Gemstone Society Toxicity Table, but always do your own research! Gems can imbue their energies just by sitting next to something too, like when you wear jewelry or in your pockets. So, placing stones next to or on top of a bottle will also work and is even advisable for stones that are not safe to place in your drinking water. You can buy bottles with separate compartments, but these can be pricey. You also don't need so many stones as are shown with the commercial bottles. One stone and even a tiny one is just fine; this is about energetics not physical constituents. Infuse your gems between 2-4 hours and no more than 8 hours (if infusing in water) you can infuse stones outside of the bottle for as long as you like. It doesn't take long to change the crystalline structure of the water as water is highly influenceable to its environment and energy.

International Gemstone Society Toxicity Table

<https://www.gemsociety.org/article/gemstone-toxicity-table/>

If you are looking for a personal health coach or would like a personal consultation, protocol, and/or formulation or Flower Essence session for emotional support, please visit my Facebook page at <https://www.facebook.com/vitalblossomllc/> and message me privately, or email me at Cynthia.Killingbeck@clinicalherbalism.com

I also sell products on my Etsy page at VitalBlossomHerbals, and my products are at SpiritWays Metaphysical Store Denver, so be sure to come check them out with many other fun items.

Blessed Be!

Cynthia Killingbeck CH, CN, FEP

The Althea Center for Engaged Spirituality



Hearthstone meets the Friday before or the Friday of the Full Moon in the Historic Library at the Althea Center for Engaged Spirituality, 1400 Williams St., Denver, CO. There are two small parking lots: to the north (next to the building) and to the east of the building (across the alley), each with spaces for 20 cars.

Enter through the Main Door at the corner of Williams St. and 14th Ave. The door opens at 7:00 pm, and we lock the door at 7:30 to secure the building. Please be prompt as we don't want you to be locked out!

We are happy to return our Open Full Moon rituals to Althea's lovely building!

MASK NOTICE from Althea Center:

"Based on recommendations from the Centers for Disease Control (CDC), the Althea Center will require masks to be worn at all times while indoors.

While each Althean may have opinions about the current state of the pandemic, let us do our very best to keep our thoughts, feelings, and prayers focused positively and with love and compassion for each other, the ill and their families, and those working tirelessly day after day to care for people who are sick.

The Board made these decisions with the safety of everyone's Health utmost in our minds, and we will continue to modify our policies based on regional and national recommendations.

With Sincere Gratitude and Love,
The Althea Board"

Hearthstone Community Church Website Link:
<http://hearthstone.fnorky.com/home/>



Earth Temple is back to open rituals in person at Full Moon Books. For the time being, we'll also be streaming those rituals via Zoom, to help in the transition back to face-to-face. For all the most current information about Earth Temple and our New/Dark/Waning moon rituals, visit our Meetup Group: www.meetup.com/EarthTemple or our Facebook page <https://www.facebook.com/EarthTempleColorado>.

Upcoming Earth Temple 2021 dates:

November 5

December 3

[Earth Temple Facebook Page](#)



Come join us for Conversations in Witchcraft, a lightly facilitated discussion group. We talk about a variety of topics related to Wicca, witchcraft, and Western magickal traditions. Are you curious about the what-why-how of our practices? Let's discuss the many ways we connect with our deities, work magick, pursue spiritual development, and how we interact within and beyond our own spiritual community.

We welcome practitioners at all points on the path. Are you newly curious? Join us! Are you an advanced practitioner? Come on over!

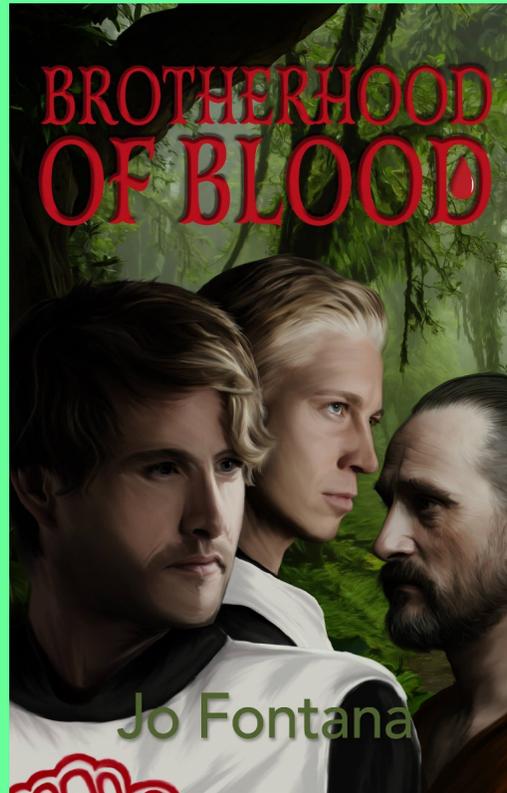
Monthly topics are listed on our MEETUP GROUP; please join us on MEETUP. There is no charge to attend. We appreciate cash donations to help defray costs.

Second Saturday of every month, 3.30 pm – 5.30 pm on Zoom
Conversations in Witchcraft is facilitated by Priestesses from the Women's Spiritual Leadership Alliance (WSLA).

[Check out Vendors and Artists in our Community!](#)

Brotherhood of Blood

A new book by Jo Fontana



Imagine a world where a blood sacrifice is required for the simplest cure. The mysterious Brotherhood has this power. Jericho Brightbrook came to the temple as a child after losing his parents and is the most promising acolyte the Brotherhood has ever encountered. So great is his power, the temple leader makes exceptions for him even when Jericho's actions don't align with the temple ideals.

Tired of the waste of human life, Jericho begins to experiment with alternative forms of healing. Disillusioned by the temple and the failure of his efforts, Jericho looks to break away. Once his deeds catch up with him, he is forced to flee into the land north of the mountains to evade his former master.

For more information visit www.jofontana.com



Low-Cost Pet Cat Spay/Neuter & Vaccines
Free Spay/Neuter & Vaccines for Feral Cats
[Spay/Neuter | Denver, CO | Dumb Friends League \(ddfl.org\)](http://ddfl.org)

The Dumb Friends League offers affordable spay/neuter services to all owned pet cats and feral/community cats. The details, locations, and qualifications are at their web site above. They are able to offer these services thanks to the generosity of donors. They recommend that tame, friendly cats without owners be taken to an animal shelter for adoption.

At this time DDFL is not able to provide spay/neuter services to dogs, for-profit breeders, or rescue groups.

It takes ALL of us to reduce the overpopulation problem and move toward a world where all pets are loved and cared for. Thank you!



Priestess Support, Services, and Potential Presenters
For Pagan or Wiccan clergy or for any other Hearthstone business, email us at
hearthstonecommunitychurch@gmail.com

If you would like to lead a future Open Full Moon, please contact Arynne at ArynneD@aol.com At this point
we have ritual leaders scheduled for all of 2021!
Thank you for volunteering your talents!



***Donations ---
in person or through Zelle!***

Thank you for supporting the work and service of
Hearthstone Community Church.

We meet our expenses through the generosity of our participants and supporters. We accept donations at our in-person rituals, or if you prefer, you may contribute through **Zelle** instead. Zelle is a direct funds transfer method offered by most banks. It is super easy to use online and no fees are charged or withheld. Hearthstone is registered in Zelle by our **email**

address: HearthstoneCommunityChurch@gmail.com

We suggest a donation of \$5-10. If you can't afford it, you are still welcome to participate. If you can afford more, we'll be delighted to accept it.

Hearthstone's primary expense is the rent for the room at the Althea Center. We appreciate any and all support from our community to help meet our obligations. Thank you!

[Hearthstone Community Church Website Link](#)



Open Full Moon Dates 2021

Althea Center 1400 Williams St. Denver CO, 80218

October 15

November 19

December 17

Upcoming Dates in 2022:

January 14th, 2022

February 11th, 2022

March 18th, 2022

April 15th, 2022

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Newsletter**



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