



March 2022

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### **Hearthstone Rituals**

*Hearthstone doesn't expect everyone to enter in  
Perfect Love and Perfect Trust,  
as you may not know many of the other attendees,  
but to enter with a Willing Heart and an Open Mind,  
and leave your differences at the door.*

Some traditions are more controversial than others, or may contain a component that confuses or disturbs someone attending an Open Full Moon ritual. It is one of the risks of exploring different traditions. Should anyone be uncomfortable with a ritual presented by Hearthstone, please discuss it with the Ritual Leaders or one of the Board members (Arynne, Vella Rose, Amy, Catherine, and Ziva) so that we may hopefully resolve and heal your concern.

*Hearthstone is a safe and sober environment.  
Please respect your fellow participants by not attending ritual under the influence  
of drugs or alcohol.*



## OPEN FULL MOON RITUALS

*Join us in person at the Althea Center*

*Doors open at 7pm, Announcements begin at 7:30 pm followed by ritual*

Hearthstone's March 18th, 2022 Ritual is in person!. Join us!

In the interest of maintaining good health for all, Hearthstone Board members will continue to wear masks at our public ritual and we encourage everyone to do the same. If you are sick or not feeling well, please stay home. If you are unvaccinated and want to attend, we ask that you wear a mask. We will not be sharing "cakes and wine" during the ritual. Masks and hand sanitizer will be available. Thank you.

## March 18th, 2022 Ritual



Dear Hearthstone Community,

Please join us in-person for an Open Full Moon ritual on Friday, March 18, 2022, doors open at 7pm, announcements start at 7:30 pm at the Althea Center on 14th and Williams. Sarajane and D of the Wyrld Sisters will be officiating this ritual.

This full moon is also known as the Crow Moon. Together we will build our energies and intentions so that the crows may take our messages to the Other Worlds. Come and set an intention for Spring projects, ideas, and manifestations as we are very close to Ostara, the Spring Equinox. This will be an energetic and interactive experience for participants. Please come prepared to plant a seed and intention under the Crow Moon. All experience levels and ages are welcome! We look forward to seeing you and building our energies together as community!

*Artist of Crow Moon Photo - D Garrett of D'z Handtinkered Artisan Worx*

## Tip of the Hat: February 2022



Hearthstone community is grateful to Mary Ann, Tony and Meredith from Silver Branch Golden Horn for our Open Full Moon Ritual held after Imbolc on February 11th. Light is returning and life is stirring. Brigit was welcomed into the Circle to aid our intention with Spell for the Bees. We raised energy, charging earth and seeds planting our intention and finally watering with Moon water. Thank you for encouraging new growth in our lives.

Blessed Be the Bees!

## Articles from our community members!



### GUEST COLUMNS?

If you have something to say, and are willing to let Arynne edit it slightly, please feel free to submit your writing to [ArynneD@aol.com](mailto:ArynneD@aol.com) Content will not be edited. We can usually make room for more voices. We appreciate our contributors!



*Calendula officinalis*, Pot Marigold  
By Cynthia Killingbeck CH, CN, FEP

Calendula is a member of the Asteraceae family which is one of the largest plant families in the world, containing many plants like dandelion, daisies, and sunflowers. There are more than 23,600 species of Aster herbs, shrubs, and trees. Calendula flowers are commonly known as Marigolds; the common name comes from *Mary's Gold* referring to the Virgin Mary. The Latin name *Calendula* derives from "little calendar", "little clock", or possibly "little weather-glass" and refers to the ancient Roman Calendar's first day of the month or the *Calends*. Pot Marigold is a different plant than the common garden marigold (*Tagetes erecta*) and similar cultivars or hybrids which contain different plant constituents. Calendula remains close to the ground, reaching about 18 inches (0.5 m) in height. Flowers appear on branched stalks, first forming swollen buds, which open to reveal bright orange and yellow ray and disk flowers. The central disk florets form double Fibonacci spirals also seen in Sunflowers, Daisies, Echinacea Cone flowers and many other Aster flowers. The orange and yellows of the petals show they contain carotenoids (vitamin A). They also contain other constituents like polysaccharides, mucilage, flavonoids, bitters, and trace minerals etc. The petals are often eaten in salads and other culinary dishes.

John Heinermann writes: British folk medicine records the saying “Where there is calendula, there is no need of a surgeon.” Calendula is not a miracle herb that can prevent modern surgeries. The saying was coined when the most common surgery was amputation, and the most common cause of amputation was wound infection. The point was to keep the wound from getting infected in the first place.

Calendula has been used to cleanse wounds and promote healing since ancient times. The flowers contain phytochemicals that kill bacteria, viruses, and molds, and other plant constituents that are powerfully anti-inflammatory, promote cell growth and healing in wounds and ulcers. It has great value as either a salve or diluted tincture for any kind of external skin, muscle, or blood vessel problems--wounds, sores, varicose veins, pulled muscles, boils, bruises, sprains, athlete's foot, burns, frostbites, etc. Calendula reduces inflammation without suppressing healing. Do not use it on wounds that are oozing pus as it promotes cell growth so well that you don't want to seal the infection in. In the case of infection, I usually use a combination of plantain (*plantago major*) leaves and Chaparral ground to a powder, with some myrrh or yarrow tincture to moisten, usually as a poultice and allow air to get to the area half the time. Yarrow is an excellent substitute for calendula as it also has many of the same clinical actions.

King's Dispensatory, 1898: “as a local remedy after surgical operations, it has no equal in the Materia Medica. Its forte is its influence on lacerated wounds, without regard to the general health of the patient or the weather. If applied constantly, gangrene will not follow, and, I might say, there will be but little, if any, danger of tetanus. When applied to a wound it is seldom that any suppuration follows, the wound healing by replacement or first intention. It has been tested by several practitioners, and by one, is used after every surgical operation with the happiest effect. You need not fear to use it in wounds, and I would not be without it for a hundred times its cost. It is to be made into a saturated tincture with whiskey diluted with one-third its quantity of water; lint is saturated with this, applied to the parts, and renewed as often as it becomes dry.”

Note that in the King's dispensary they are discussing clean and fresh wounds not already infected wounds. Calendula's ability to aid healing to our external skin is matched by its ability to help heal the internal 'skin' of our gut lining. Our gut lining in the modern world, is just as likely, or even more likely, to be exposed to harm as our external bodies. In the case of Leaky-gut I use calendula and plantain together in many of my infusion formulas. Plantain has similar actions and energetics to calendula they are complimentary and pair well. Leaky-gut also puts a strain on the liver because there are more toxins that need to be broken down and eliminated, and calendula supports mild expressions of 'stagnant liver syndrome'.

Most often the plant part used are the flowers in medicinal applications, but the leaves may be used externally in compresses, poultices, and washes; and can help reduce inflammation, pain, itching, and provide tissue healing for many skin irritations and wounds.



Calendula was called sponsa salis in Ancient Roman times which means the 'bride of the sun'. It was one of the four sacred herbs that followed, resembled, or represented the sun and could be found blooming at the pivotal turning points of the year or the Calends (first day of the month) in the Roman calendar. In Calendula's case, this was the autumn equinox or the beginning of September. For the spring equinox, the humble Daisy is the sacred flower showing the delicacy and hope of new life. For Midsummer, the bold uplifting St John's wort is the patron. For Midwinter, the honor goes to the mistletoe, not for flowers that have little sun to see on the longest night of the year but for its evergreen leaves that speak the promise of better times to come.

“It is said that if the Calendula flowers close in the morning, then for sure it will rain the following day.”

With the vibrational energetic medicine of Flower Essences Calendula cultivates receptivity in relationships and communication. According to Ruth Altschuler, a master flower essence therapist and teacher, “Calendula as a flower essence helps us listen and communicate in ways that are healing and empowering, uniting Mind, Heart and Higher Guidance.” The solar power of the orange and yellows of the calendula teaches us to bring in light and warmth to our words and into our relations with each other.

From the North American Flower Essence Society:

Positive qualities: Healing warmth and receptivity, especially in the use of the spoken word and in dialogue with others.

Patterns of imbalance: Argumentative, lack of receptivity in communication with others; verbal abuse.



Clinical actions: calming nervine, vulnerary (tissue healing), mild antispasmodic, mild diaphoretic, warming alterative for the liver and bowel, mild hepatic, anti-inflammatory, analgesic, antimicrobial, antifungal, antibacterial, and immunomodulant.

Primary uses: Used as a tincture in preparation for lotions, creams, ointments, swabs, compresses, and washes, for skin inflammations like eczema, boils, wounds, ulcers, bruises, sprains, and hemorrhoids; as a gargle or mouthwash for inflammations of the mouth and throat; inflammations of the gastrointestinal tract; the infusion is mild and good for children, and it is gentle for mild cases. For antimicrobial, antibacterial, and antifungal applications use high percentage of alcohol extracted tincture and then dilute and place on gauze pads.

'Full strength Calendula tincture may be briskly rubbed on the legs or torso to help shrink and heal spider veins and varicose veins' (Richo Cech)

Contraindications: Do not place or apply topically to deep puncture wounds or dirty or septic wounds, it is known to heal over infections and seal them internally and make them much harder to treat and could cause septicemia. Always wait for a scab to form before placing on any wound. Drinking it as an infusion will help to heal from wounds externally or internally without having to place it directly on the wound.

Basic first aid: Never place herbs whole or in powders, oils, slaves, ointments, lotions, or creams directly on an open wound. Let them scab over first. Only tinctures or water extractions can be applied when a scab isn't present and then only as a wash and/or disinfectant; always place gauze between the herbal application and the wound.

Spring Blessings to you all!

If you are looking to do a personal Flower Essence Consultation and formulation for working to balance emotions and do some soul therapy, call and set up an appointment at SpiritWays Metaphysical in Denver at 303-331-1070, you can also check out my bio on their website at <https://www.spiritwaysdenver.com> . My website is also up and running again at <https://www.vitalblossomherbals.com> I sell products at SpiritWays and on my Etsy page at [https://www.etsy.com/shop/VitalBlossomHerbals?ref=search\\_shop\\_redirect](https://www.etsy.com/shop/VitalBlossomHerbals?ref=search_shop_redirect) . I can be found on Facebook at <https://www.facebook.com/vitalblossomllc/> and my email is [Cynthia.killingbeck@clinicalherbalism.com](mailto:Cynthia.killingbeck@clinicalherbalism.com)

## The Healing Power in the Fullness of our Inheritance



In the magical community we spend a lot of time looking for the ancient ways. We're fascinated by the archaeological evidence of folk magic, and seeming religious icons carved tens of thousands of years ago. There are entire groups that investigate the interpretations of Minoan wall murals, prolific writers who provide translations of poetry written in obscure, dead languages. We have access to instructional videos on the stitching techniques of the Vikings.

We're not alone in our look back. At home DNA testing kits have been selling furiously. We love uncovering a mystery. We love a personal connection to the past.

Mostly. We also all have preferences, biases that shape what we want to see, protective patterns for viewing what is always an imperfect past, and books, plenty of books that reinforce our chosen frameworks.

When a specific view of the past helps us to feel secure, provides us with values, and secures our self-esteem, it's normal to wonder what good can come out of tearing it up.

The reason is that those tiny, even stitches, those colorful mural brushstrokes, and those scratches on an ancient stone carving are all the evidence we need to connect with the movement of once-living human hands. We know, perhaps better than other people, that what is done is never erased. That the effects of actions echo forward in time, whether or not people acknowledge or believe in them.

A great deal of that connection is uplifting and more than we wish is very difficult to face, much less to own. A young person in my community tried to tell me that they knew that "it's unfair that Africans were sold to colonists as slaves." They ticked off historical instances from the last two centuries of this "unfairness" very blithely, feeling safe at the distance of time. They felt very comfortable about being "not racist." And what is more important than that?

What is more important than being "not racist" right now, in the present? They asked this of me, a person who spends hours poring over pictures of carvings and reports of archaeological discoveries related to humans that lived tens of thousands of years ago.

I know what's in history books. But I'm not in this for the politics. At this moment I'm not looking at tackling racism as being "fair" to Black people for the "unfairness" of the past. That misses the point.

The question is: why is racism important to me as a Druid? Specifically as an Irish Polythesist?

And the answer is because racism violates Truth and Right Judgement. And those are two of the triads I live by. When I violate my triads, it affects me spiritually. I know that from my personal experience, and I know that from the lore. Violating truth and right judgement sweeps away the position and power of the figures at the center of myth, time and time again. All of this is about my spirituality.

So let me start at the top: I don't think "it's unfair that Africans were sold to Colonists as slaves."

It's not unfair. It was, in that moment, a war crime. And like someone who is involved in a death....that involvement affects the spirit.

When I look at a picture of the villages invaded and the evidence that the healthiest, smartest people were taken prisoner...regardless of the morals of the time...I know that that is spiritually wrong. As we look at the attack of the Russians on the people of Ukraine, we know it's wrong. When we wage war to take captives and enslave them, we know that's wrong. When we rob a village, or a country, of its best and brightest, of its young people, warriors, teachers, parents, scientists, we know that's wrong. We think for ourselves, we listen to our guts, we put ourselves into the story and look around.

We look at the stitches of Viking clothes and we see the hands doing the stitching. We see the cut marks on the stone turned into a Goddess and we see the hands doing the carving.

When I look at the numbers of people who died on the Atlantic crossing and whose bodies were thrown into the ocean... I know that is spiritually wrong.

I inherit that. I don't just inherit ancient Goddesses and warm clothes. I inherit cruelty and disregard. I inherit impulsive anger and poor decisions. I inherit it.

I have the opportunity to look at that inheritance in my own hands and ask myself: what is right?

When I read about one of my heroes, Thomas Jefferson, and then dig deeper and find that he treated his own flesh and blood as property, that he arranged for them to be sold for profit...I cannot just inherit the Declaration of Independence. I also inherit the inhumanity of not recognizing your own flesh and blood as fully human.

I inherit that. What shall I do?

As a spiritual leader, how should I speak? What is the truest thing I can say? What is right judgement for me?

I have the opportunity to hold the fullness of my inheritance in my own hands. I take the opportunity to engage in the ritual of witness and acceptance. It is uncomfortable. Who will I be after I accept all that I have inherited? I know for sure I will be more whole.

So I don't see racism just as what isn't fair for African Americans. I see it as how do I open my eyes to my inheritance. I see it as the opportunity to apply Truth and Right Judgement to the whole of my inheritance, and that will change me, magically, spiritually, maybe even physically. I cannot thrive by applying my most deeply held spiritual values to only a part of me.

How can I see and connect to the hands that carved an image of the divine thousands of years ago, and fail to see and connect to the hands that tossed the body of a child into the sea? What happens to me when I do make that connection, and how might that change the world?

The past is real. What has been done echoes through time. I will work with the truth of history as well as I work with the phases of the moon and the seasons of the year. I don't just see the House of our nation, I see the hands that built it. I don't just see the face of our first President, I see your teeth in his mouth. I see your life behind those teeth.

We, who understand the tides of the moon, the invisible energy fields, we are critically well placed to see the ripples of history, to hold the fullness of our inheritance in our hands, and change the world.

It is uncomfortable. It is strong.

Peace of the mountains to you,

Paulie Rainbow

Founder: Druidry Centered Women's Circle

<https://dcwc.earth>

## Upcoming Community Events

The Althea Center for Engaged Spirituality

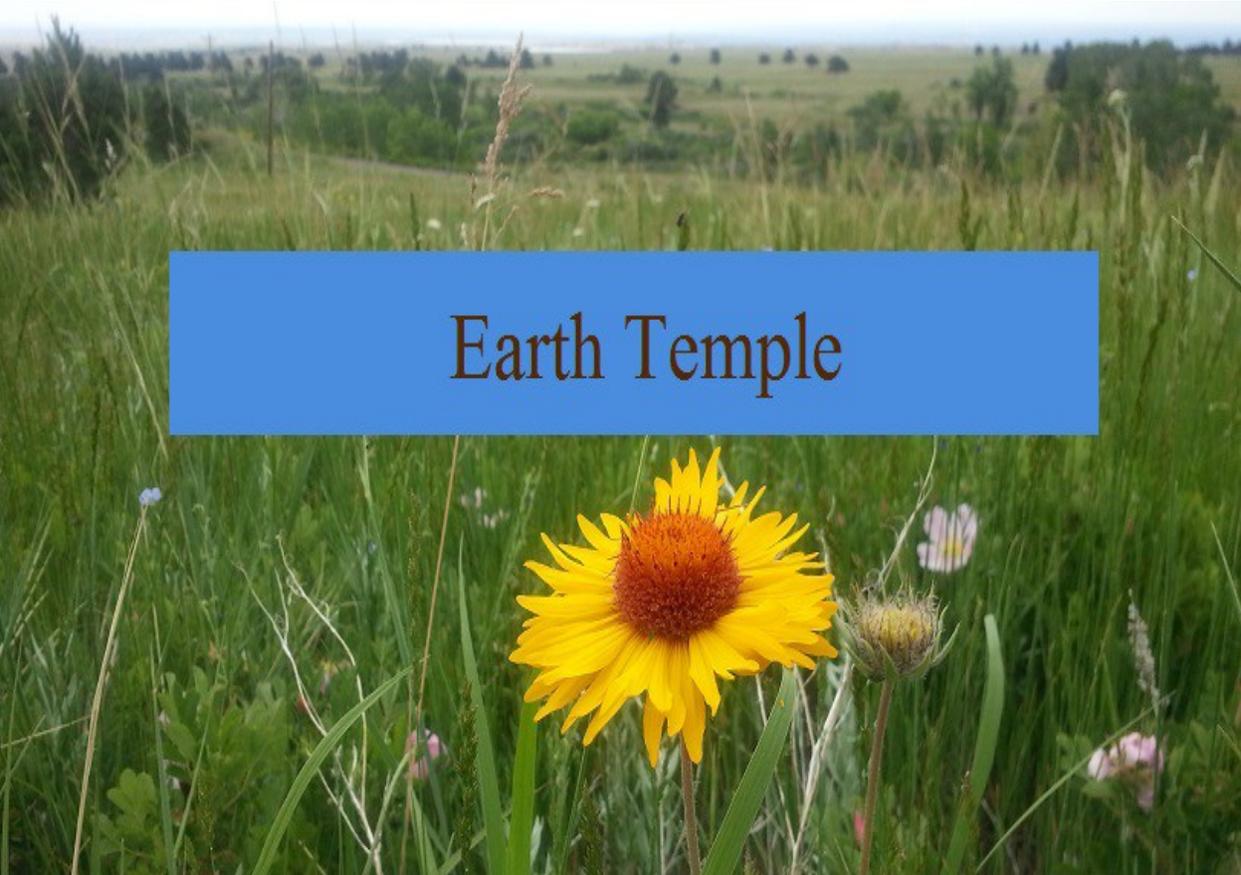


Hearthstone meets the Friday before or the Friday of the Full Moon. When we have in person rituals, we meet in the Historic Library at the Althea Center for Engaged Spirituality, 1400 Williams St., Denver, CO. There are two small parking lots: to the north (next to the building) and to the east of the building (across the alley), each with spaces for 20 cars.

Enter through the Main Door at the corner of Williams St. and 14<sup>th</sup> Ave. The door opens at 7:00 pm, and we lock the door at 7:30 to secure the building. Please be prompt as we don't want you to be locked out!

Hearthstone Community Church Website Link:

<http://hearthstone.fnorky.com/home/>



# Earth Temple

Earth Temple is back to open rituals in person at Full Moon Books. For the time being, we'll also be streaming those rituals via Zoom, to help in the transition back to face-to-face. For all the most current information about Earth Temple and our New/Dark/Waning moon rituals, visit our Meetup Group: [www.meetup.com/EarthTemple](http://www.meetup.com/EarthTemple) or our Facebook page <https://www.facebook.com/EarthTempleColorado>.

## ET Calendar for 2022

Apr 1  
Apr 29  
May 27  
Jun 24  
July 29  
Aug 26  
Sep 23  
Oct 28  
Nov 25  
Dec 23

**Earth Temple Facebook Page**

# SILVER BRANCH GOLDEN HORN

## Invitation to our Eostre Ritual celebration

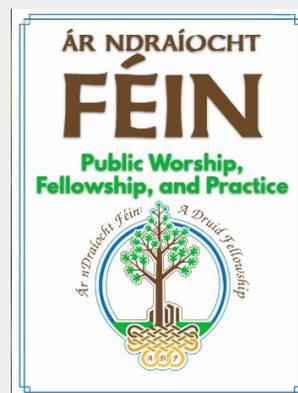
We are Silver Branch Golden Horn, a Druidic Grove serving the Denver Metro area. Silver Branch Golden Horn is proud to be a local branch of the internationally recognized Pagan Organization, [Ár nDraíocht Féin](https://www.adf.org/) (<https://www.adf.org/> or ADF). As Druids, we focus on the Celtic and Norse hearth cultures, and we are dedicated to the values of Virtue, Faith, and Study.

Spring is coming! Come join us for brunch as we honor Freya, goddess of fertility. Instead of doing a potluck after the ritual, this ritual will be incorporating a meal prepared by Tony and Meredith. If you are planning on attending, let us know if you have any food allergies. In order to make sure everyone gets a seat at the table (and a plate of food), we will need a fairly firm headcount, so please let us know if you will be attending no later than March 17th.

Instead of bringing a potluck item to share, we are asking that you bring a cash donation (whatever you might normally spend on a dish to share) – 100% of which will be donated to Gateway Domestic Violence Services. Their mission statement: Preventing and eliminating intimate partner violence through counseling, residential care and empowering people for social change. <https://gatewayshelter.org/>

As usual, our rites are kid friendly, though not necessarily child oriented. All of goodwill are welcome, from seasoned pagans to honest seekers.

Our rituals are held at a private home, so please contact Tony at 720-309-7410 for the address or if you have any questions. (Text is usually answered faster than calls.)



## AU virtual conference March 27-30, 2022

Now is the time to fight for religious freedom!

An enduring separation of church and state is the necessary shield that protects everyone's right to live as themselves and believe as they choose!

Americans United for Separation of Church and State is organizing the Summit for Religious Freedom to convene organizations and individuals who care about, and fear for, religious freedom. This virtual conference March 27-30, 2022 is for activists, policy and legal experts, faith leaders, academics, and everyone committed to church and state separation who want to learn about the latest news and ideas, be in conversation with each other, and engage in action.

Pre-register at [TheSRF.org](https://TheSRF.org) to stay tuned for more information.



Community Vendors and Artists

## *Brotherhood of Blood*

A new book by Jo Fontana



Imagine a world where a blood sacrifice is required for the simplest cure. The mysterious Brotherhood has this power. Jericho Brightbrook came to the temple as a child after losing his parents and is the most promising acolyte the Brotherhood has ever encountered. So great is his power, the temple leader makes exceptions for him even when Jericho's actions don't align with the temple ideals.

Tired of the waste of human life, Jericho begins to experiment with alternative forms of healing. Disillusioned by the temple and the failure of his efforts, Jericho looks to break away. Once his deeds catch up with him, he is forced to flee into the land north of the mountains to evade his former master.

For more information visit [www.jofontana.com](http://www.jofontana.com)

## General Community Information



Low-Cost Pet Cat Spay/Neuter & Vaccines  
Free Spay/Neuter & Vaccines for Feral Cats

[Spay/Neuter | Denver, CO | Dumb Friends League \(ddfl.org\)](http://ddfl.org)

The Dumb Friends League offers affordable spay/neuter services to all owned pet cats and feral/community cats. The details, locations, and qualifications are at their web site above. They are able to offer these services thanks to the generosity of donors. They recommend that tame, friendly cats without owners be taken to an animal shelter for adoption.

At this time DDFL is not able to provide spay/neuter services to dogs, for-profit breeders, or rescue groups.

It takes ALL of us to reduce the overpopulation problem and move toward a world where all pets are loved and cared for. Thank you!



## Priestess Support, Services, and Potential Presenters

For Pagan or Wiccan clergy or for any other Hearthstone business, email us at [hearthstonecommunitychurch@gmail.com](mailto:hearthstonecommunitychurch@gmail.com)

If you would like to lead a future Open Full Moon, please contact Arynne at [ArynneD@aol.com](mailto:ArynneD@aol.com). At this point we have ritual leaders scheduled for all of 2022.  
Thank you for volunteering your talents!

## **Donations --- in person or through Zelle!**

Thank you for supporting the work and service of Hearthstone Community Church.

We meet our expenses through the generosity of our participants and supporters. We accept donations at our in-person rituals, or if you prefer, you may contribute through Zelle instead. Zelle is a direct funds transfer method offered by most banks. It is super easy to use online and no fees are charged or withheld. Hearthstone is registered in Zelle by our email address: [hearthstonecommunitychurch@gmail.com](mailto:hearthstonecommunitychurch@gmail.com)

We suggest a donation of \$5-15. If you can't afford it, you are still welcome to participate. If you can afford more, we'll be delighted to accept it.

Hearthstone's primary expense is the rent for the room at the Althea Center. We appreciate any and all support from our community to help meet our obligations. Thank you!

[Hearthstone Community Church Website Link](#)



*UPCOMING 2022 OPEN FULL MOON RITUALS*

MARCH 18  
APRIL 15  
MAY 13  
JUNE 10  
JULY 8  
AUGUST 5  
SEPTEMBER 9  
OCTOBER 7  
NOVEMBER 4  
DECEMBER 2

*BLESSINGS from HEARTHSTONE COMMUNITY CHURCH!*

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